

R1: Waiu Trail Park, Wainuiomata. Sun 6 Sept 2020.

Ride Notes

Courses will be made up of short and/or long loops. Please see your age group to determine your course and the number of short and/or long loops you will be doing.

NOTE: The Waiu Short Loop is the same loop as will be used at the **2020 Cycling NZ Schools National Championships**.

The **U11** group (only) will have a delayed start and take two shortcuts to skip the 'extensions' into Beeline/Directa then 2nd Star/Nga Tuna.

Long Loop Description



Start at Waiu Hub with clockwise loop on the grass then left into JUNGLE GYM and head uphill

Turn right at the 5-way intersection into lower BEELINE and ride downhill to the end

Turn left into WETLANDS LOOP on the western side (clockwise direction)

Turn left into DIRECTA, heading uphill

Turn right at the 5-way intersection into JUNGLE GYM (upper) and ride uphill to the end.



At the top, turn right into LABYRINTH keeping left at the intersection 100m later.
(Note: this is where the **SHORT** loop splits off)

Stay on LABYRINTH and continue uphill to SPOONHILL HUB



Turn right, continuing on LABYRINTH RETURN, downhill, until you join onto SNAIL TRAIL
(Note: the **SHORT** loop re-joins at this point)

Continue down, and at the end of Snail Trail turn sharp left into WETLAND LOOP (clockwise direction)

Turn left (uphill) into SECOND STAR
(Note: Do **NOT** take the U11s shortcut)

At the top, continue straight into NGA TUNA (downhill)

At the bottom turn sharp left into WETLAND LOOP again

Turn left at the 'T' intersection to return to the park base.
(Caution: The U11s re-join the main track at this 'T' intersection)



Continue out onto the park base and around the park to complete the lap.

Short Loop Description (“National Schools Loop”)

Note: The National Schools race will have a start loop clockwise around the Wetland Loop into Red Track. This PNP race is only doing a short start loop on the grass.



Start at Waiu Hub with clockwise loop on the grass then left into JUNGLE GYM and head uphill.



Turn right at the 5-way intersection into lower BEELINE and ride downhill to the end
(**Except: U11s who short-cut straight ahead up Jungle Gym**)

Turn left into WETLANDS LOOP on the western side (clockwise direction)

Turn left into DIRECTA, heading uphill

Turn right at the 5-way intersection into JUNGLE GYM (upper) and ride uphill to the end.

At the top of Jungle Gym, turn right into LABYRINTH and ride for 100m to an intersection.
(**Note: At this point the LONG loop splits off**)



Take the right fork into SNAIL TRAIL and continue down to the end
(**Note: the Long Loop re-joins half way down Snails**)

At the end of Snail Trail turn sharp left into WETLAND LOOP (clockwise direction)



Turn left (uphill) into SECOND STAR
(**Except: U11s who short-cut straight ahead**)

At the top, continue straight into NGA TUNA (downhill)

At the bottom turn sharp left into WETLAND LOOP again

Turn left at the 'T' intersection to return to the park base.
(**Caution: The U11s re-join the main track at this 'T' intersection**)



Continue out onto the park base and around the park to complete the lap.

Loop Counts (Note: Age is as you will be on 31 Dec 2020).

Open Men	2 long loops, 1 short loop (22.9 km)
Open Women	2 long loops, 1 short loop (22.9 km)
Masters Men 1 (30-39 years)	2 long loops, 1 short loop (22.9 km)
Masters Men 2 (40-49)	2 long loops, 1 short loop (22.9 km)
Masters Men 3 (50-59)	2 long loops, 1 short loop (22.9 km)
Masters Men 4 (60+)	2 long loops, 1 short loop (22.9 km)
Masters Women (40+)	2 long loops (16.2 km)
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Social Men (Open age group)	2 short loops (13.4 km)
Social Women (Open age group)	2 short loops (13.4 km)
U19 Men	3 short loops (20.1 km)
U19 Women	3 short loops (20.1 km)
U17 Men	3 short loops (20.1 km)
U17 Women	2 short loops (13.4 km)
U15 Boys	2 short loops (13.4 km)
U15 Girls	2 short loops (13.4 km)
U13 Boys	2 short loops (13.4 km)
U13 Girls	2 short loops (13.4 km)
U11 Boys	1 extra-short loop (4.5 km)
U11 Girls	1 extra-short loop (4.5 km)

Child (beginners 3-9 years) There will no race for our youngest riders, sorry. This is partially due to Level 2 restrictions and also due to a shortage of any volunteers to run this as an event.

Short Loop Map

