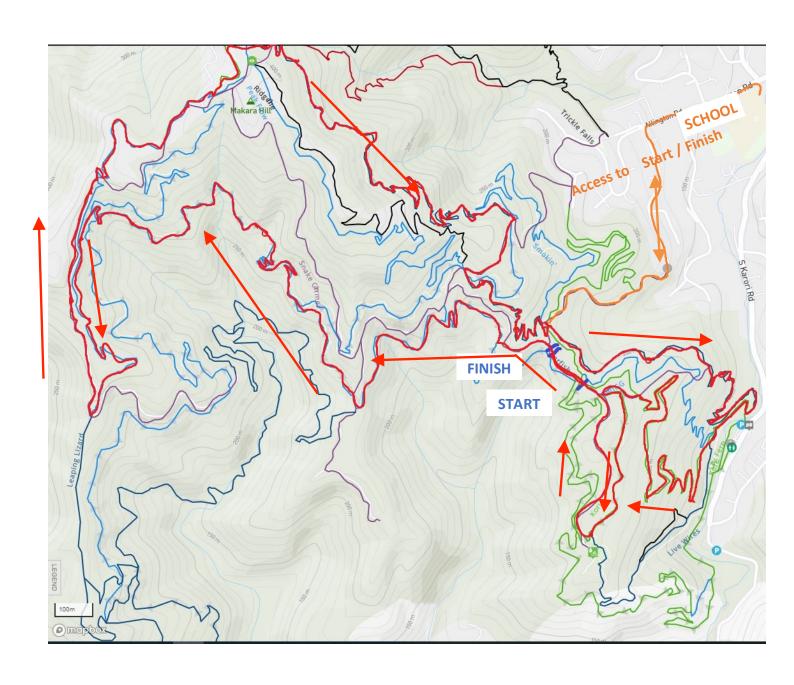
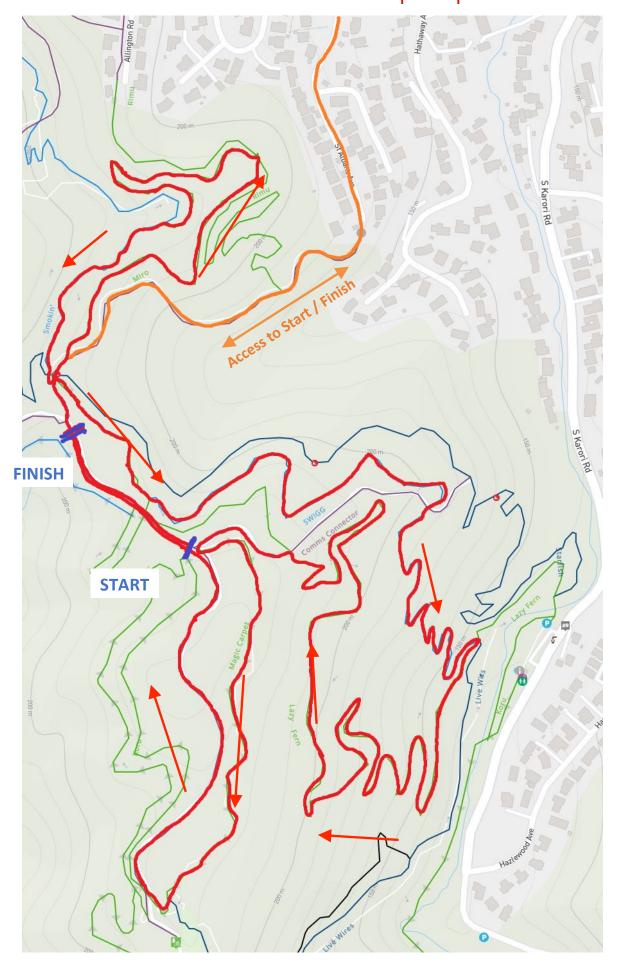
# 2019 Giant Wellington PNP Spring Series – R5 Makara LONG Loop Map



# 2019 Giant Wellington PNP Spring Series – R5 Makara SHORT Loop Map



#### Ride notes

**IMPORTANT:** Due to the closure of the Makara Carpark, registrations will be at Karori West Primary School. The start area will be around the top of Koru. The finish will be slightly up the 4WD from there, near the shipping container.

Courses will be made up of loops, short loops, long loops or a combination of both. The lap configuration will depend on your category. We run a sport course catering to those who want to give the event a try or hang with their mates and be social. The age grades are for those who want to ride with or against riders of their own age. Open Men and Open women are open to anyone, but the Open Men also incorporates the seniors, so it can be highly competitive.

Please see your age group/category below to determine your course and the number of short and/or long loops you will be doing.

### Long Loop description (12.5km, 575m elevation)

Start on TOWER 19 CONNECTOR (4WD) near the top of KORU and head up to where it joins SNAKE CHARMER (4WD)

Turn left following the long arrow down SNAKE CHARMER (4WD)

Note: This is where the LONG Loop splits off

Turn left into SALLY ALLEY, and ride this to the end (Parts 2 & 3)

Turn right, then a quick left into THREE BROTHERS (Part 1)

Turn left into UPSWING, over the bridge to the next intersection

Turn right onto ARATIHI

Shortly after turn left onto LIZARD LINK

Ride down UPPER LEAPING LIZARD to the Tower 16 Connector 4WD track

Turn right and ride up TOWER 16 CONNECTOR (4WD)

Turn left into A To Z, just below the summit

Then take the right hand fork into NORTH FACE CONNECTOR

Continue across Snake Charmer 4WD and into NORTH FACE (proper), and ride down to the end

Turn right onto ALLINGTON RD CONNECTOR (4WD) heading up then down

Turn left into the start of THE BROTHERS (Part 3) - but quickly take the right fork onto STARFISH] Note: Until recently this track was known as Ridgeline Extension

Where Starfish exits onto Snake Charmer (4WD) you will need to turn right to go up SNAKE CHARMER for about 50m

Ride around a cone, then back down Snake Charmer before turning right into STARFISH

Note: This is to manage an otherwise dangerous cross-over and merge with the Short Loop

Turn left at the intersection with the COMMS CONNECTER (4WD), and head up to the start line area

At the start line area, turn left and ride along MAGIC CARPET to the skills area

At the skills area turn right onto the TOWER 19 CONNECTOR (4WD)

Bike up through the start area, continuing onto the FINISH about 200m further along.

#### Short Loop description (5.2km, 250m elevation)

Start on TOWER 19 CONNECTOR (4WD) near the top of KORU and head up to where it joins SNAKE CHARMER (4WD)

Turn right following the short arrow down SNAKE CHARMER (4WD)

Note: This is where the LONG Loop splits off

Turn left onto MIRO

Turn left at all intersections finally turning left at the end of MIRO into SMOKIN'

Where Smokin' exits onto Snake Charmer (4WD) you will need to turn right to go up SNAKE CHARMER for about 50m

Ride around a cone, then back down SNAKE CHARMER before entering BIG TOMS WHEELIE Note: This small loop is to manage an otherwise dangerous merge with the LONG Loop

Veer left into SWIGG (Grade 3) and continue downhill

At the next intersection, turn hard right into LAZY FERN and bike back uphill

Note: This is a tight turn on a downhill slope, if you overshoot the corner, you will merge with oncoming traffic from the Long Loop – so slow down here and take care not to miss the turn

Turn left at the intersection with the COMMS CONNECTER (4WD), and head up to the start line area

At the start line area, turn left and ride along MAGIC CARPET to the skills area

At the skills area turn right onto the TOWER 19 CONNECTOR (4WD)

Bike up through the start area, continuing onto the FINISH about 200m further along.

### Loop Counts per Category

Age-groups and courses (provisional)

NOTE: Your age is based on the age you will be as at 31 Dec 2019

Open Men 2 long loops

Open Women 1 long loop, 1 short loop

Masters Men 1 (30-39 years) 1 long loop, 1 short loop

Masters Men 2 (40-49) 1 long loop, 1 short loop

Masters Men 3 (50+) 1 long loop, 1 short loop

Masters Men 4 (60+) 1 long loop, 1 short loop

Masters Women (40+) 1 long loop, 1 short loop

Social Men (Open age group) 2 short loops

Social Women (Open age group) 2 short loops

U19 Men 1 long loop, 1 short loop

U19 Women 1 long loop

U17 Men 1 long loop, 1 short loop

U17 Women 3 short loops

U15 Boys 3 short loops

U15 Girls 3 short loops

U13 Boys 2 short loops

U13 Girls 2 short loop

U11 Boys 1 short loop

U11 Girls 1 short loop