



R3: Waiu Trail Park, Wainuiomata. Sun 3 Oct 2021.

Courses will be made up of short and/or long loops. Please see your age group to determine your course and the number of short and/or long loops you will be doing.

Note: This varies from the 2020 event in that it goes up ECNZ 4WD, not Labyrinth.

Note: The U11 & U13 groups will have a delayed start and take two shortcuts to skip the 'extensions' into Beeline/Directa then 2nd Star/Nga Tuna.

Long Loop Description



Start at Waiu Hub with clockwise loop on the grass then left into JUNGLE GYM and head uphill

Turn right at the 5-way intersection into lower BEELINE and ride downhill to the end Turn left into WETLANDS LOOP on the western side (clockwise direction)

Turn left into DIRECTA, heading uphill

Turn right at the 5-way intersection into JUNGLE GYM (upper) and ride to the end.



At the end of Jungle Gym, pop out onto the ECNZ Rd 4WD and turn right to ride 600m uphill to the Spoonhill Hub link track.

(Note: The SHORT loop splits off into Labyrinth/Snails)

Turn right into the short link track to the Spoonhill Hub, riding past the power pylon.



At Spoonhill Hub, turn right into LABYRINTH RETURN, downhill, joining onto SNAIL TRAIL (Note: the SHORT loop re-joins at this point)

Continue down, and at the end of Snail Trail turn sharp left into WETLAND LOOP (clockwise direction)

Turn left (uphill) into SECOND STAR (Note: Do NOT take the U11s shortcut)

At the top, veer right into NGA TUNA (downhill)

At the bottom turn sharp left into WETLAND LOOP again

Turn left at the 'T' intersection to return to the park base. (Caution: The U11s re-join the main track at this 'T' intersection)



Continue out onto the park base and around the park to complete the lap

Short Loop Description

Note: This loop is the same as the 2020 event.



Start at Waiu Hub with clockwise loop on the grass then left into JUNGLE GYM and head uphill.



Turn right at the 5-way intersection into lower BEELINE and ride downhill to the end (Except: U11s who short-cut straight ahead up Jungle Gym)

Turn left into WETLANDS LOOP on the western side (clockwise direction)

Turn left into DIRECTA, heading uphill

Turn right at the 5-way intersection into JUNGLE GYM (upper) and ride uphill to the end.



At the top of Jungle Gym, turn right into LABYRINTH and ride for 100m to an intersection. (Note: At this point the LONG loop splits off)

Take the right fork into SNAIL TRAIL and continue down to the end (Note: the Long Loop re-joins half way down Snails)

At the end of Snail Trail turn sharp left into WETLAND LOOP (clockwise direction)



Turn left (uphill) into SECOND STAR

(Except: U11s who short-cut straight ahead)

At the top, continue straight into NGA TUNA (downhill)

At the bottom turn sharp left into WETLAND LOOP again

Turn left at the 'T' intersection to return to the park base. (Caution: The U11s re-join the main track at this 'T' intersection)



Continue out onto the park base and around the park to complete the lap.

Loop Counts (Note: Age is as you will be on 31 Dec 2021).

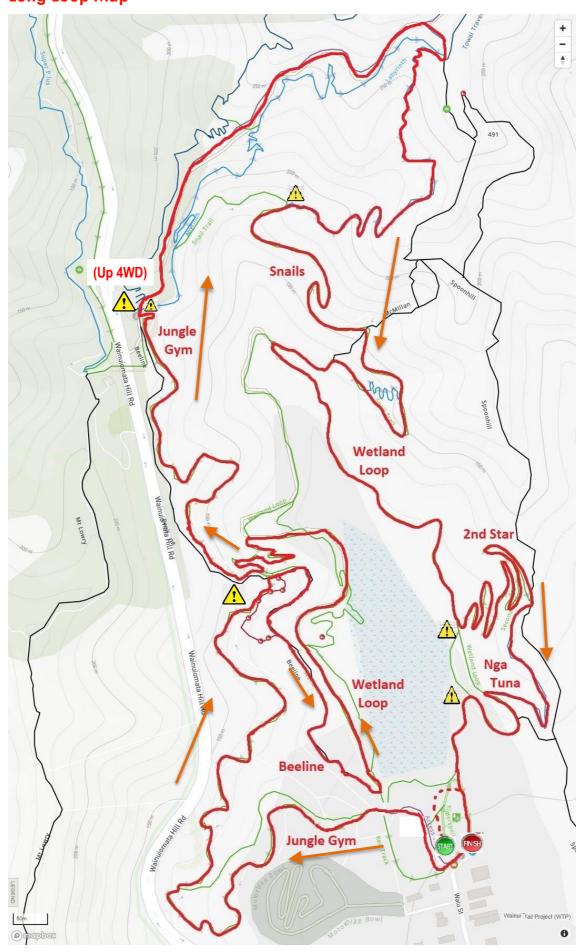
Social Men (Open age group) 2 short loops (13.4 km) Social Women (Open age group) 2 short loops (13.4 km) **U15 Boys** 2 short loops (13.4 km) **U15 Girls** 2 short loops (13.4 km) 2 extra short loops (10.0 km) **U13 Boys U13 Girls** 2 extra short loops (10.0 km) **U11 Boys** 1 extra-short loop (5.0 km) **U11 Girls** 1 extra-short loop (5.0 km)

Open Men 2 long loops, 1 short loop (22.9 km) 2 long loops, 1 short loop (22.9 km) **Open Women** Masters Men 1 (30-39 years) 2 long loops, 1 short loop (22.9 km) Masters Men 2 (40-49) 2 long loops, 1 short loop (22.9 km) Masters Men 3 (50-59) 2 long loops, 1 short loop (22.9 km) Masters Men 4 (60+) 2 long loops, 1 short loop (22.9 km) U19 Men 2 long loops, 1 short loop (22.9 km)

U17 Men 2 long loops (16.2 km) Masters Women (40+) 2 long loops (16.2 km) **U19 Women** 2 long loops (16.2 km) **U17 Women** 2 long loops (16.2 km)

Child (beginners 3-9 years) Sorry no little kids race at Level 2

Long Loop Map



Short Loop Map

